

ADDC *Insight*



Volume 3, Issue 2

February 2015

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ADDC President's Letter



Lori L. Landry
President

llandry@beanresources.com

Board of Directors

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Bean Resources Inc.

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Valero Energy Corp.

VICE PRESIDENT
Maggi Franks
Artistic Promotions LLC

SECRETARY
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Christina Forth-Matthews
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Valina Blanchard
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REGION IV DIRECTOR
Cindy Miller
Nabors Completion and Production

REGION V DIRECTOR
Kate Ediger
First Roswell Company

REGION VI DIRECTOR
Anna Lewis-McBeth
Continental Resources Inc.

REGION VII DIRECTOR
Deb Porath
Underground Pipe Inspectors

February, 2015

I have just returned from an exciting and successful Budget and Planning Meeting. The 2015 Board members are an energetic, creative and passionate group of individuals that I am proud to say are here to represent you and to move this Association forward.

The 2015 Budget and Planning meeting brought forth some great ideas and conversation, not only from the Board members but from the Committees as well. Upon arriving in Tulsa, we hit the ground running. President-Elect Connie Harrison, Treasurer Christina Forth-Matthews and I took care of banking matters while Vice President Maggi Franks worked with Andre Martin at ADO. We visited with Mike Gray, the Association's accountant as well as Andre Martin. We also visited with John Mansfield, CFP of Wymer, Brownlee and Mansfield on suggestions as to how we can be better stewards of the Association funds. On Thursday evening, I hosted a reception at ADO for all the Board members to network with each other and Andre Martin and to tour the new ADO offices.

On Friday, we spent the day with Chris Edmonds of the Ken Blanchard Companies to continue on with the Association's Strategic Plan. The 2014 Board worked diligently to put in place many of the goals and strategies implemented at the 2014 Budget and Planning Meeting. More goals have been added to the strategic plan and the 2015 Board will forge ahead to ensure we accomplish as many of those goals as possible.

Saturday was another full day which was spent working on the annual budget and reviewing committee reports. We also reviewed the analysis and recommendations conducted by Dave Stevens and his team at Stevens & Stevens. His team performed a complete non-biased analysis of our history, website, and survey responses among other things. We feel that they have a complete understanding of our Association and have offered suggestions and insight to assist in growing this Association into the premier organization that it is. During the coming months we will provide you with the fruits of their analysis. Exciting times are on the horizon!

The Rules Committee has set February 6, 2015 as the deadline for submitting changes to the ADDC Bylaws and Standing Rules. If your Club or Region has any suggestions, be sure to forward these to Val Williams, valwilliams1950@gmail.com Rules Committee Chairman by the deadline.

March is Desk and Derrick Awareness Month. With the drop in oil prices and a possible slowdown in the energy industry, now more than ever is the perfect time to be a member of ADDC. The educational and networking opportunities are invaluable. I, personally, have gained so much knowledge through program speakers, field trips and seminars. I challenge all of you to invite a prospective member to your next meeting and enlighten them about our Association. Share your passion and your excitement!

Bean Resources, Inc., P. O. Box 52768, Lafayette, LA 70505 Phone: 337-234-2326

ADDC President's Letter (cont.)

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February, 2015 – continued:

Plans for Region Meetings are well underway and I know that all of the host clubs are excited and ready to showcase their respective areas with educational field trips and seminars. Make sure you sign up for the Certification Program being offered at your Region meeting to further your energy education. The first Region meeting is in late March with the last Region meeting being held in late May. I encourage each and every one of you to attend your respective Region meeting and if you have the opportunity, travel to a Region meeting outside of your own Region. The registration packets will be posted to the ADDC website as they are received, so check the website often to see which exciting Region meetings you would like to attend.

Region V members are hard at work to ensure that the 2015 ADDC Convention and Educational Conference in Lubbock, Texas will be one that you won't want to miss. The registration package is almost complete and will be posted to the website as soon as it is available.

I hope you are as passionate about ADDC as I am. Giving of your time and talents are priceless and you gain much more in return than you can imagine. Once again, invite a potential member to your next meeting and share the passion!

Lori Landry

Upcoming Events:

Desk and Derrick Awareness Month	March
Region III Meeting, Bossier City, LA	March 26-28

Bean Resources, Inc., P. O. Box 52768, Lafayette, LA 70505 Phone: 337-234-2326

Region I Director's Newsletter



Penny J. Jacobs
2015 Region I Director

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Proposed Club Oil Heritage

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PYOGA

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Three Rivers

Cheryl Charie
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Tuscarawas Valley

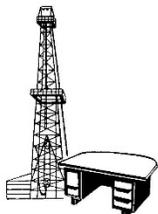
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West Penn Energy

Diane McKee
Diane.m.mckee@peoples-gas.com

West Virginia Club

Kathy Tawney
ktawney@eca.com



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February 2015

Members of Region I,

As I write this letter Winter Storm Juno is threatening to give us quite a bit of snow accumulation. Let the winter fun begin!!!

Last month I set the focus on volunteerism....so how did you do? Did you find the right volunteer opportunity for you? Have you made an impact.....Have you made a difference?

Let's continue to better ourselves through education. Let's commit to take small steps to improve ourselves and our clubs.

Budget and Planning in Tulsa was an amazing experience. So much was accomplished. The 2015 Board is definitely aggressive when it comes to ADDC improvement and growth. Part of the plan is to continue to encourage high performance and high values from everyone.

One thing that I want to touch on this month is unity. As an association we should be presenting a united front. It was brought to my attention that part of the problem with people not knowing who we are might be that the individual clubs are unidentifiable with ADDC. Did you know that over the past 60+ years we have had over 3,600 different themes and logos throughout the individual clubs? How can people possibly know who we are and what we are about if we haven't been uniform in our representation? So, I have decided to eliminate the use of my individual logo and theme. I will be a representative of the ADDC by using only the ADDC Oval Logo and the Desk and Derrick Insignia. I challenge all clubs in Region I to do the same. Remember....It's not about our theme or logo, it is about our purpose.....education and professional development.

I just want to remind everyone that membership renewal forms are due to the ADO by the end of February. This is the time to reach out personally to any members who have not renewed for 2015. Find out why they chose not to renew. Don't be afraid to ask them what we can do to change and encourage them to rejoin.

Don't forget your program reports. It is very important to get them in on time. Please make sure to meet your deadlines.

Have you marked your calendars for the Region I Meeting yet? It will be held May 14-17 at the Oglebay Resort and Conference Center in Wheeling, WV. This year we will be offering the Certification Class on the Fundamentals of Petroleum. The course topic will be Land & Leasing. What a great way to improve your knowledge and educate yourself.

Warmest Regards,

Penny J. Jacobs



Region II Director's Newsletter

Deb Perjak
Region II Director

d.perjak@yahoo.com
(618) 327-9111

February 2015

Dear Region II Members:

“It gives me great pleasure to know that as this new year begins I will be beginning a new journey with new experiences. I am looking forward to my year serving as your Region II Director.” That was how I started my January letter. Since I wrote that letter, two very significant things happened.

On January 16th and 17th, I attended the Budget and Planning Meeting in Tulsa, Oklahoma. What a great experience. We, the members of the ADDC Board of Directors, came from each of the seven Regions of the Association and discussed many of the issues currently affecting the Association. I will go into much greater detail in my March letter, but please know that we are working very hard to serve the members of the Association to the best of our abilities. While we spent two long days in meetings, the time really did go by quickly and I believe we made some positive steps to continue to live up to our motto of **Greater Knowledge - Greater Service.**

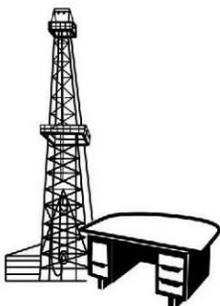
I said there were two very significant things. While I truly consider the valuable knowledge I gained from learning more about how the Association operates by attending the Budget and Planning meeting, an even more significant event happened in my life. I became a grandma for the first time. While at first glance this might seem to be insignificant for the rest of the members of Desk and Derrick, it really is not. My new grandson, Bentley, really helps remind me about the importance of continuing to strive to educate not only myself, but all those around me about the significance of the oil and gas industry. I think having a new baby reminds us of the importance of continually striving to create a better future, not only for ourselves, but for each of these new lives. The oil and gas industry plays such a vital role in the lives of each and every person. It is a huge responsibility, but one that I believe the industry has accepted. This industry is continually looking for better, more efficient ways to serve the communities around us so that the future remains bright for us all, young and old.

Plans for the Region II Meeting in Lexington, Kentucky on April 22-24, 2015 are really shaping up. Registration Packets will be sent to the Region II Presidents very soon. As you may have noticed, we have added April 22 to the meeting so that we can offer the certification class.

Please remember that I can be reached via e-mail at d.perjak@yahoo.com, or you may call me at the office at (618) 327-9111, if you have any concerns or suggestions. This is our Region and our Association. If you have a concern, it can only be addressed if you share it.

We are all Ambassadors of Oil and Gas Education.

Deb Perjak
2015 Region II Director



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Region III Director's Newsletter



Valina Blanchard
Region III Director

v.mullen.pfc@glacoxmail.com
vblanchard@perryflyingcenter.com

FEBRUARY 2015

Be sure to send in your membership renewals due February 28, 2015.

Please remind your community that March is Desk and Derrick Awareness month. This is an opportunity to tell people just what the Association is all about.

The ADDC Board met January 16-17, 2015 in Tulsa OK. Chris Edmonds, from Ken Blanchard Group, addressed the strategic development plan for 2015 for the ADDC. Exciting things are coming to our Association and I am so thrilled to be a small part of it.

The 2015 Region III Meeting will be held March 26-28, 2015 at the Hilton Garden Inn/Homewood Suites on 2015 Old Minden Road, Bossier City LA 71111. You can reach Hilton Garden Inn at (318)759-1950. Homewood Suites telephone number is 318-759-1940. Be sure to request the block reserved for the Region III Desk and Derrick Meeting. Please call for your reservation as soon as possible as there will be a huge event in Shreveport that same weekend and all hotels are filling up fast! Room cost begins at \$94.00. Registration is set at \$155. The first ever Certification Course held at the regional level will be given. Drilling will be the subject of the seminar.

Alice Gros and Susan Miller, Westbank Club along with Evelyn Ingram, Laurel are busy looking for nominations for the 2016 Region III Director Elect. Please consider this an opportunity to broaden your experience in the Association.

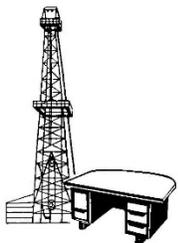
Send those articles in to the DDJ Committee in time for the next edition. They are working hard to produce an informative journal that will benefit everyone.

The webmaster is updating the webpage in order to bring it into line with current sites and to create more attention to encourage use of the site. Please be patient and you will be excited when you see the new appearance.

The deadline date for submitting ADDC proposed bylaw changes/amendments is set for 4:00 pm on February 6th 2015.

Start making your plans if you haven't already to attend convention in Lubbock, TX this September..

Val



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Region IV Director's Newsletter



Cindy Miller
Region IV Director

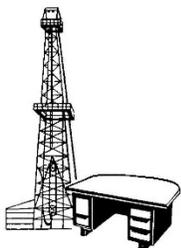
miller154@suddenlink.net

Wow January was busy. The Budget and Planning meeting was held in Tulsa the 15th through the 17th. We had a very good meeting with lots of participation and ideas. We met with a Strategic Planner and received recommendations from the marketing firm. Keep your eyes open next month as more Budget and Planning highlights will come. After the B&P meeting we had the President's training in Victoria and the Region Reps were also included in the meeting. It was great to get advice from 2 Past ADDC Presidents, and 2 Past Region Directors which were in attendance.

I want to continue my Pay it Forward stories, Lauri Stanfield a member of the North Harris/Montgomery Counties Desk and Derrick Club has been battling a disease called Pulmonary Hypertension and Pulmonary Veno-Occlusion Disease (PVOD). Lauri had posted on Facebook a Pay it Forward moment so I asked her to write up something about her story. Here is just a small part of her story.

"I was asked by my Region IV Director Cindy Miller, to give all my fellow members of Desk and Derrick a little bit about my story and giving back. I was honored that she wanted me to share it with all of you, not only for awareness of my Disease, but because of something I've always done, even when I wasn't sick. Just remember to Pay it Forward, no matter what you may be going through because that person behind you may be going through something much more difficult. I paid it forward by offering a plane ticket to someone I didn't know, who couldn't afford to be home for her dad's funeral. A family of 5 paid it forward to me back when I first became sick by buying dinner for me, my mom and another Desk and Derrick member. It makes a difference, and it makes you feel good inside. The rest of Lauri's story is hopefully in the next Insight or DDJ."

The San Antonio Club is working hard on getting everything ready for the Region IV meeting April 8 – 12. They are planning some educational and fun events. The Certification Course will be offered on Wednesday April 8th. If you would like to take the course contact Terry Ligon for more details. Her email is terryligon@hotmail.com.



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Cindy



Region V Director's Newsletter

February 2015

Kate Ediger

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[facebook.com/ADDCRegionV](https://www.facebook.com/ADDCRegionV)
twitter.com/ADDCRegionV
LinkedIn: Coming soon!

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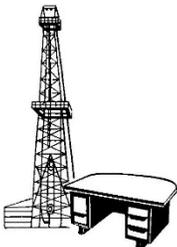
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Wichita Falls
Sheila McGaughey
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Region V Members,

I learned an incredible amount about ADDC and our membership at the Budget and Planning Meeting January 16th-17th in Tulsa, OK. The Board is working hard to bring about meaningful growth as far as membership numbers as well as the education our members receive from ADDC. Working with a professional strategic planner and marketing firm is the key to meeting our future goals. They each were very helpful.

Each Club President, Regional Director, and ADDC President has created a theme and logo for their year, as well as a logo for each regional meeting and convention. Over our 60+ year history this adds up to THOUSANDS of themes and logos and has diluted the brand of ADDC. In the coming months, you will be seeing a new unified look and feel on all ADDC correspondence, the website and marketing tools. These improvements will bring a modern feel to our familiar logos without losing the history behind them.

The Board is implementing new ways to help gain members, make attending convention more affordable, having a greater and timelier social media presence and streamline business meetings to allow more time for speakers and educational seminars.

I felt that the ideas from Budget and Planning were most important to share with you this month, but they have taken most of this letter. Here is a list of quick reminders that I did not have room to expand upon:

- Membership renewals are due 2/1 and are delinquent 2/28
- Deadline for any proposed amendments to the ADDC Bylaws is 2/6
- March is ADDC Awareness month – there are ads on the website to use
- Region V Meeting is 4/23-25 in Artesia NM, registration info will be out very soon
- ADDC Convention is 9/16-19 in Lubbock TX
- The Nominating Committee is looking for candidates for 2016 Region V Director, have you thought about stepping up to serve?
- Deadline for the next Desk and Derrick Journal is 3/1 – have an article to submit?
- Have you liked the Region V Facebook page and followed Region V on Twitter?

If you have any ideas, questions, or anything to discuss you can reach me at my office, cell (call or text) or email. Please feel free to contact me anytime!

"To try is to invite uncertainty. Where confidence goes, success usually follows." – Wayne Gerard Trotman

Region VI Director's Newsletter



Anna Lewis-McBeth

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Tulsa
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Wichita
Kelly Rains
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Region VI Members,

February is already here and the time for our Region VI meeting is fast approaching. Get ready for an educational weekend. The registration packet has been sent to the Presidents of Region VI and posted on the website. I am looking for a large turnout at our Region Meeting as we have a lot of information to discuss. REDD is hard at work finalizing details to make sure your experience at the Region Meeting is one you will not soon forget!

January was a busy month. The Budget and Planning meeting was held in Tulsa the 15th through the 17th. We had a very good meeting with lots of participation and ideas. We met with a Strategic Planner and received recommendations from the marketing firm. Keep your eyes open next month as more Budget and Planning highlights will come.

Leadership Training was held Saturday the 24th and nine of our ten clubs were represented. The meeting was available to attend in person or on conference call. This meeting was well received by all those that attended whether in person or the phone. I hope they return to their clubs and share what they learned with their boards.

The nomination committee, led by our 2014 Region VI Director, Abby Johnson should be contacting the clubs to see if we will have a single nomination or possibly multiple nominations this year.

As mentioned last month, I had requested from all clubs to find out if the Certification Course would be something members would like to attend. Although we did have a few say yes, we did not have enough to book a room and speaker. So this year we will not offer the Certification Course at Region Meeting. Since last month's letter, I have found out that many do not even know what the Certification Course is all about. So this year we will be discussing this item so that all members are informed not just those that attend Convention.

Beginning in March, our Presidents will be contributing to the Region VI newsletter. This will give all the clubs in ADDC to see what we are accomplishing.

Until Next Time,

Anna Lewis-McBeth

Region VII Director's Newsletter



Deborah Porath
Region VII Director

dporath@undergroundpipe.ca

February 2015

Dear Region VII Members:

As I write this I am in Tucson enjoying the desert sun and the wonderful mountain vistas that surround the city. I have just returned from the Budget and Planning Meeting in Tulsa where we had 2 long days of meetings and planning so the time is Tucson is all the more needed.

The B&P meeting is truly one that invigorates you and renews you for ADDC. The exchange of ideas and the feeling of family truly make ADDC extraordinary. The 2015 Board is excited about the upcoming year and we have begun to expand on the plans laid by the previous boards.

The first day was spent in strategic planning. Refining what it is to be ADDC and to be a member of ADDC. The exchange of ideas was wonderful. The second day we worked with the marketing expert to forge a plan for the future. Between these 2 experts and all the business to which we attended, I feel we packed a lot of "Extraordinary" into the weekend.

I will deliver more information to you all in the coming months.

Please remember that all membership renewals are due February 28th. I made sure I renewed my membership before I left Calgary and encourage you all to make it a priority in the coming weeks.

January membership meetings are over and many had the installation of their 2015 board. Congratulations to you all on taking on this new role.

March is ADDC Awareness month and I'm sure you are all planning an amazing program. Please, also remember to have your Program reports done in a timely manner as well.

Christine Forth-Matthews, in addition to taking on the role of Region VII Fund Chair is also the Region VII Nominating Chair, so look forward to her contacting you with an eye to taking on a new role, that of 2016 Region Director. I know it seems that we only started the year, but our new RD needs to be nominated in May in Regina SK. There is nothing you cannot do when your mind is set!

I am still looking for regional representatives for many ADDC Committees. Please contact your Club President, as they have a list of all open positions. Many of these take less than 5 minutes a month and are extraordinarily important to ADDC.

Together, we can make sure that ADDC stays current and go *From Ordinary to Extraordinary!*

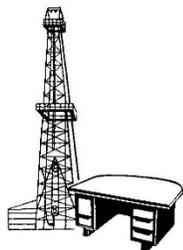
A handwritten signature in cursive script that reads "Deb." is shown on a light green background.

Upcoming events:

Region VII Meeting
2015 ADDC Convention

Regina SK
Lubbock TX

May 20 – 24, 2015
September 16 – 19, 2015



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REGION VII DIRECTOR

Deb Porath
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February 2015!!!

We are off to a great start to a wonderfully busy year!

DID YOU KNOW?

Member Renewals are due the end of February. Please include a copy of the Renewal Form for each member listed on the Transmittal. If there are any changes please make them very visible so we may capture the correct information.

ADO has Videos! If you are in a bind and need a video for your monthly meeting, know that we can help.

Looking forward to a great year!!!

Andre'
ADO Manager

"OUTSTANDING LEADERS GO OUT OF THEIR WAY TO BOOST THE SELF-ESTEEM OF THEIR PERSONNEL. IF PEOPLE BELIEVE IN THEMSELVES, IT'S AMAZING WHAT THEY CAN ACCOMPLISH."

~SAM WALTON

Submitted by Jan Bell, Leadership Committee Chairman
Desk and Derrick Club of Bay Area

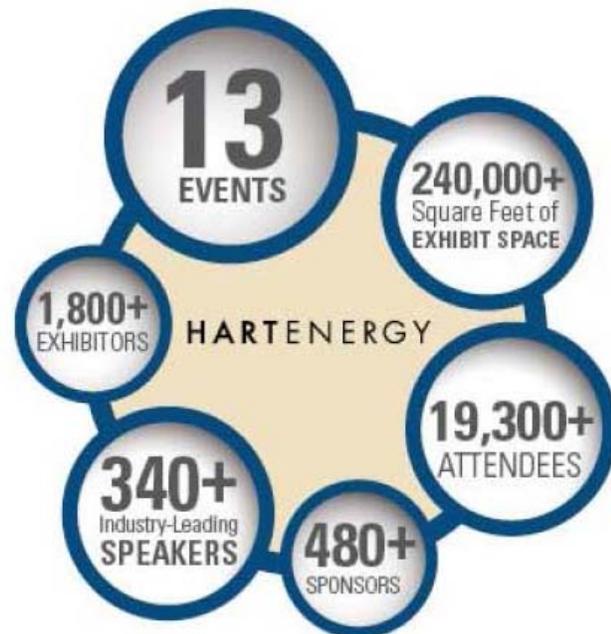
Educational Opportunities



Announcing Hart Energy's 2015 Event Schedule Delivering Results When it Matters Most

Hart Energy, a leader in energy information services, hosts an array of **must-attend annual conferences** covering the full spectrum of the oil and gas industry. From our renowned **DUG** conference series for **unconventional oil and gas development** to specialty events focused on **midstream** activity, **offshore** operations, **liquefied natural gas (LNG)** and **financial** transactions, we offer value for every conference attendee.

World-class executive briefings from influential industry leaders are the hallmark of our events. With **interactive networking opportunities** and **leading-edge exhibitions**, our attendees and exhibitors report **more value delivered** from Hart Energy events.



Online registration is now open for all 2015 Hart Energy events.



2015 Conference Schedule

Let's Get Social!   

Events presented by:

HARTENERGY

Hosted by:

E&P

Oil and Gas
Investor

MIDSTREAM
Business

U&G UNCONVENTIONAL
OIL & GAS CENTER

Hart Energy • 1616 S. Voss, Suite 1000 • Houston, Texas USA, 77057-2627

Tel: +1 (713) 260-6400; Fax: +1 (713) 840-8585

Member Spotlight

WRITTEN BY LAURI STANFIELD
NORTH HARRIS/MONTGOMERY COUNTIES DESK AND DERRICK CLUB

From Being Full of Life to Fighting for My Life

I was asked by my Region IV Director, Cindy Miller, to give my fellow members of Desk and Derrick a little bit about my story and giving back. I was honored that she wanted me to share this with all of you, not only for awareness of my disease, but because of something I've always done, even when I wasn't sick.

I was the President of the North Harris/Montgomery Counties Desk and Derrick Club in 2012. I have always been an active member. I am enthusiastic about learning more about our industry and I like helping new members learn as well. Desk and Derrick offers many programs to teach about energy, and I loved our Magic Suitcase program the most. I took delight while standing in front of impressionable kids and telling them about what I do and what makes the energy industry so appealing. Being a member of this club, I not only enjoy the education, but I enjoy the lifelong friends who would eventually turn out to be my greatest system of support when I became very sick.

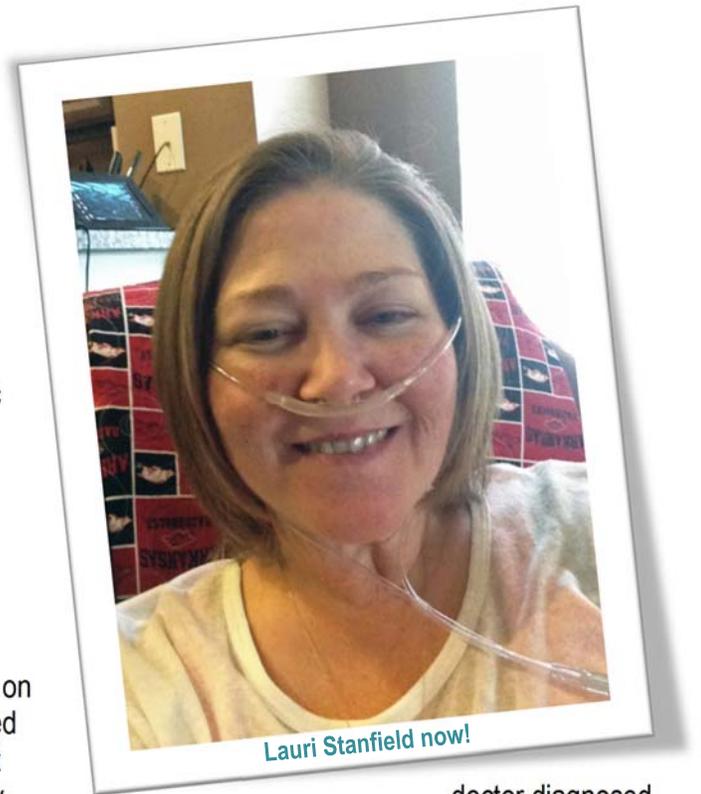
I started having breathing issues in the fall of 2013. I had been sick on and off throughout the year but more severe breathing issues started around August of 2013. This continued through Convention in West Virginia and I became extremely ill by the time I returned home. My doctor diagnosed me with Adult Exercise-Induced Asthma and he also thought my thyroid could be causing some issues. Varying dosages with my thyroid medication seemed to help but I was always short of breath and constantly puffing on my inhaler.

In February 2014, I decided to take matters into my own hands and get healthy and lose weight. I was considered obese being 5' 7 1/2" tall and was tipping the scale at close to 300 lbs. I went to an alternative health doctor who helped me start my lifestyle change to a clean eating program.

A clean eating program consists of no processed foods, no genetically modified foods (GMO's), and hormone-free foods. This removed lots of things from my diet one week at a time. The weight started falling off in no time and by June, I had lost 40 lbs...but I was getting sicker.

I still was having trouble breathing. I had several doctor appointments which resulted in my being prescribed antibiotics and steroids to clear up the asthma.

In July I went to the doctor and my oxygen levels were in the 70's and I was having trouble breathing and walking. The doctor once again placed me on the antibiotic/steroid combo and told me to come back in two weeks. The medicine cleared up my problem, but after I finished that course just before my follow-up two-week appointment, I got sick again. I was admitted into the hospital at that followup appointment. This made me unhappy as it interfered with a scheduled "Girls Day" of a haircut, mani/pedi's, meeting a friend for lunch and probably a little shopping.



Lauri Stanfield now!

doctor diagnosed

Member Spotlight (cont.)

From Being Full of Life to Fighting for My Life (cont.)

July 18th started the whirlwind that would be my life from that point on. The doctor suspected pulmonary embolism (blood clot in the lung) but not 10 minutes after being admitted and getting a CT scan, that was quickly ruled out. We thought maybe pneumonia because my lungs were covered in a haze. Searching further, they ruled out bacterial, viral and allergy pneumonia. They tested for Legionnaires, Tuberculosis, and Cancer: all negative results.

A Pulmonologist was brought on the case, so the next step was a lung biopsy, testing for Pulmonary Sarcoidosis (petrifying of the lungs). They took three biopsy spots on the top, middle and lower parts of the lungs and sewed me back up. I have four beautiful frankenscars for that, and I told the surgeon I was going to teach him how to sew because he sucked at it.

July 28th, ten days later, would change my life forever. I was discharged from the hospital and was told my diagnosis is called Pulmonary Hypertension. This is high blood pressure in the lungs caused by your arteries closing up and not allowing blood and oxygen flow into the lungs which, in turn, makes the right side of the heart work harder. This explained being unable to breath!!! I was released from the hospital with no medicine, oxygen, etc. and was told to Walk, Walk, Walk, Walk, Walk!!! So I did!

Two weeks later I was admitted to the ICU because I was in heart failure. WHY? Because when the lungs are blocked, it not only causes the right side of the heart to work harder, but it also enlarges the right side of the heart making it work more causing heart failure and shortness of breath. Yeah me! Now I have two things to worry about, one that either I stop breathing or two my heart stops beating and I had a massive heart attack before I turned 43. I was told no travel, so I had to cancel my plans to be at Convention in Lafayette. I also canceled my vacation with my niece in October to Orlando, where we were going to FINALLY get to go to the Wizarding World of Harry Potter at Universal. Because I love to travel, love going places and seeing my friends in Desk and Derrick from both the US and Canada, I was devastated.

They released me from the hospital this time with a lung medicine, and placed me on oxygen 24/7. That meant being tethered to a machine all the time and portable tanks which I named Buzz Aldrin and Neil Armstrong. I named them because they always made these "pffttt" sounds whenever I breathed in, so I thought it sounded like when astronauts were in space. Buzz and Neil are always with me now. I'm steadily getting worse because the medicines are not working which causes me to gain weight and I am steadily going downhill.

Lesson Learned #1: The people you treat with kindness and the friends you make will be there for you when you need them. Whether you ask or not, they are there.

Val Williams, Melinda Montgomery, my mother and I went to a Road Show on Pulmonary Hypertension in September to learn more about this disease. This became the first of many life savers. Going to this conference allowed me the ability to not only learn about this disease, but treatment options, transplant, insurance information, disability, nutrition, exercise, and most importantly...I found more people just like me living with this disease that there is no cure for. Some of these people have been living with it for over 30 years, some since childhood. I also found out we are not all alike, we are all different in how the disease affects us. I also found out that there were specialists that treat this disease. That day I found the doctor that would *literally* save my life.

Member Spotlight (cont.)

From Being Full of Life to Fighting for My Life (cont.)

I was getting sicker every day and there were days I didn't want to get out of bed, but I made myself get up. I would tell my pulmonologist that I didn't feel good and that I still couldn't breathe. He would look at me and say "this is a very serious disease, you need to take it seriously", yet he was the one that wasn't taking it seriously by not listening to me. I told him about the doctor I had met at the conference and wanted to be transferred to her clinic. It took me two months and finally a threat to involve my attorney to get this done.

October 2014, was the beginning of hopefully finding the right combination of meds. I had finally been transferred to the specialist. I was scheduled for a 45 minute appointment which ended up being 4 hours of her typing detailed notes as I talked about all the treatments I had received. She took me off of one of the meds the pulmonologist had started me on and then prescribed a fluid pill because I looked like a balloon; I was so huge from the fluid I was carrying. I liked this specialist. She was very brash and to the point, she didn't sugar coat anything. She requested my biopsy from the hospital because SHE wanted to look at it. She ordered blood work which entailed 25 vials of blood! My follow-up was in a month.

Lesson Learned #2: Work for a cause.

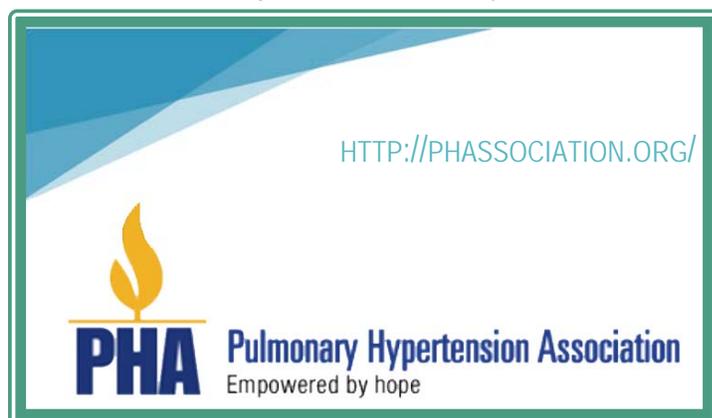
I decided that I wanted people to know about this disease by advocating for me and others. Val Williams decided to make a donation to the Pulmonary Hypertension Association in honor of me at their annual golf tournament this year. I also sponsored a hole. Both of these donations went towards research because there is no government funding for this disease.

November came around and I was getting excited because my entire family had decided that they were coming to Houston from my hometown in Arkansas to celebrate Thanksgiving at my house. This would be the first time my family had ever come to Houston to celebrate any holiday with me and they were all coming at once. I couldn't wait.

The only problem was I was getting worse by the day. I went from practically skipping most of the time to having to walk with a walker. Two weeks before Thanksgiving and my doctor appointment I passed out in the middle of the living room floor after walking from the bathroom to the living room (less than 25 feet). Luckily, Val had come over to bring me my medicines from the pharmacy. She was talking to me and I could hear her but I was unable to respond. After about 20 minutes and everyone panicking and turning my oxygen up I was able to talk and explain what happened.

By Thanksgiving I was in a wheelchair unable to get up and walk. I was unable to talk without taking a breath after each word. My dad and brother arrived on the 25th and I had a doctor appointment. They and Val went with me. The doctor walked in immediately and said "You're going to the hospital today". I was in congestive heart failure.

At the hospital that day, they took 30 lbs. of fluid off of me. During my stay, they tried a new lung drug that made me worse than I was when I walked into the hospital so they quickly took me off of it. After they got the drug out of my system, I was finally up and able to walk and talk. You don't know how bad I wanted to skip down the hall. I hadn't felt this good in over a year. I had all this fluid off me, and I could breathe and talk. I soon learned I couldn't walk too fast because I would lose my breath and get tired quickly.



Member Spotlight (cont.)

From Being Full of Life to Fighting for My Life (cont.)

The good thing was I was up and walking, the bad news was yet to come. The doctor had figured out what else was wrong besides the Pulmonary Hypertension (also called PH) because of the reaction I had on the medicine that had made me worse. She asked for authorization to verify her suspicions by sending the biopsy samples to the CDC and the Mayo clinic.

When the doctor came to see me a few days later, she sat down on my bed with me and faced my mom and me, and gave me Life Changing moment #2. The CDC and Mayo Clinic had confirmed her suspicion, not only did I have PH, but I have Pulmonary Veno-Occlusion Disease (PVOD). This is where the tiny arteries and capillaries from the right lung leading to the left part of the heart are blocked. The good news, I was responding to treatment for the PH, the bad news, there is no treatment for the PVOD. She looked me in the eyes as I swallowed hard and said, "I'm sending a psychiatry team in to talk with you again. You need to get your things in order, and I'm sending the transplant team back in to get you started to qualify for a dual lung transplant. The dual lung transplant will be to save your life, as at the rate you are progressing with this disease you will not live through the end of next year."

I have no idea at this point what was going through my mind, I was kind of numb at this point. I was turning 43 the next day and was told I had less than a year to live without a dual lung transplant. How do you handle that kind of news? As usual, I contacted my family and gave them the news, and I then posted the news on my Facebook page. I've been using my Facebook page as an awareness tool about this disease, how it affects me mentally and physically. No one knows about this disease, I sure didn't. It's a silent killer as you can see, it's not usually found until it's too late in some people.

My 43rd birthday started out with testing all morning for the transplant team. I had talked to them again, to the psychiatry team and most importantly to a priest and God and we prayed that this would be the right path for me. He still has me here for a reason. I need to make a difference because I'm not done yet. He has a plan for me, and I know what that plan is. After testing stopped that afternoon, all of my friends came to the hospital and we had a huge birthday party in the lobby. They had been by to visit many times while I was sick at home and all the times I'd been in the hospital. They were there for me now, not knowing the details of why I was being tested for transplant qualification, just that I was being tested for the transplant. I have the best friends in the world, they are my village, they are my rock, and they are my everything. They give me life, they make me smile, they keep me strong, and they stand up with me by my side to help me PHIGHT this disease. I couldn't be more grateful.

Lesson Learned #3: Kindness matters, giving you reason to want to give to others.

I try to "Pay It Forward" as often as I can, usually by paying for someone's coffee in the drive through line at Starbucks, or by buying someone's groceries at the grocery store when they are behind me. I've done this the last couple of months.

I was released from the hospital two days before Christmas, with a lot on my mind. I qualified for a dual lung transplant and am now listed on the national list awaiting the call that I may get my third chance at life. I say third because when I was 19, I had Non-Hodgkin's Lymphoma and went through 6 months of chemo and have been in remission for over 20 years now. So this is life #3 we are hoping to get. As they say - "third time's a charm!"

While I sat at home after Christmas able to breath and getting my affairs in order, I was on a Facebook page for groups in my area that sell items they no longer want. One person had posted that her father-in-law had passed away two days before and her sister-in-law (her husband's sister) lived out of state and didn't have the funds to get home for her dad's funeral. They couldn't afford to pay her way because they were paying an unexpected expense of the funeral costs. After

Member Spotlight (cont.)

From Being Full of Life to Fighting for My Life (cont.)

watching several people post, sometimes you really see the worst in people, as some people were not so polite. I quietly sent the poster a private message to let her know that I had a plane ticket that I couldn't use and would expire soon. If they could come up with the change fee (\$100) and the airline agreed, she was welcome to the round trip ticket. It felt good to do this and this lady was so grateful.



I had the privilege of being able to speak about Pulmonary Hypertension in October 2014 while being interviewed by Cowboy Dave with 100.3 KILT The Bull in Houston. This country radio station is ranked in the top 5 in the country.

A couple of days later it was New Year's Eve. I sat outside in a chair at midnight watching all the fireworks around my house and instead of toasting in the New Year, I raised my head to sky in tears and thanked God that He let me see another New Year and thanked Him for the many blessings He bestowed on me.

The largest blessing of all are the many friends in Desk and Derrick that I have. Receiving the well wishes in cards, letters, prayers, visits, and phone calls; I can't tell you how good they make me feel. So my way of giving back is to pay it forward. The stuffed animals I've received, as much as I love them, I can't keep them if I get the transplant. So I'm going to give

Member Spotlight (cont.)

From Being Full of Life to Fighting for My Life (cont.)

them to the young PH patients at the Texas Children's Hospital who are sick with this disease. It breaks my heart that there are kids with this disease. I'm 43 and have lived a fantastic life full of fun and adventures and it hurts my heart to see these young kids with this disease. There are no approved FDA drug treatment plans for kids but there are 13 approved FDA drugs for adults to treat Pulmonary Hypertension. This angers me to no end, so my "pay it forward" will be to lobby Congress and the Senate for funding for research for early diagnosis and a cure for this and other pulmonary diseases. As I've learned through Desk and Derrick, education is key to getting the message out there. You have to be passionate about it, and if you are passionate about it you are more willing to talk about it to find a way to make it work.

Lesson Learned #4: My daily motto comes from D.H. Lawrence who once said "I never saw a wild thing feel sorry for itself. A small bird will drop frozen dead from a bough without ever having felt sorry for itself."

I don't feel sorry for myself and I don't expect others to either. Life is what you make it, I've learned to live each day and be grateful for the days I do have and all the beautiful wonderful people I have in my life. My Desk and Derrick friends from my home club have been there for me through all of this and I couldn't be more grateful. They made me a beautiful Quilt of Love which they gave me when I was admitted into the hospital in November. I cried so hard, because you never truly realize how loved you are and how many friends you do have until something bad happens in your life and they are there to pick you up and carry you.



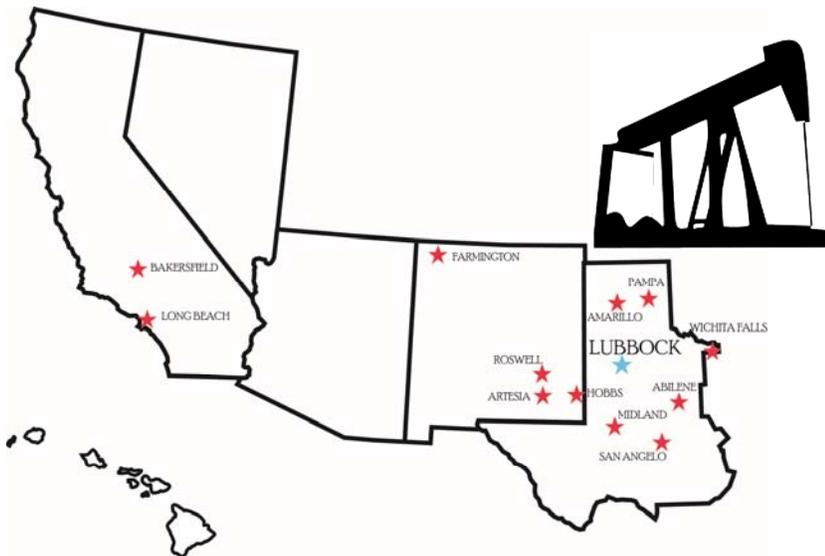
L to R: Melinda Montgomery, Elaine Krueger, and Val Williams presented this beautiful quilt that my friends in my home Desk and Derrick Club made for me.

Thank you Association of Desk and Derrick Clubs for the many prayers, cards and thoughts. They are so appreciated and I know your prayers are heard. I look forward to seeing you all again after I get my new set of lungs!

You're Invited



Hosted by Region V



Association of Desk and Derrick Clubs
64th Annual ADDC
Convention and Educational Conference
September 16 — 20, 2015
Lubbock, Texas
Hosted by the Clubs of Region V
Registration \$200.00
Overton Hotel and Conference Center
\$139.00, single to quad

Make hotel reservations at 1-800-776-7000 or www.overtonhotel.com

Region Meetings

Go to your Region Meeting...and another Region's!

Region	RD	Club	Theme	Host Club	Date	Location
I	Penny Jacobs	Three Rivers	Keep Calm and Educate On	West Virginia	May 14-17, 2015	Oglebay Resort, Wheeling, WV
II	Deb Perjak	Heartland	Ambassadors of Education	Heartland	April 23-26, 2015	Lexington, KY
III	Valina Blanchard	Morgan City	Motivation-Dedication-Education	Red River	March 26-28, 2015	Hilton Garden Inn, Bossier City, LA
IV	Cindy Miller	Victoria	Pay it Forward through Service and Education	San Antonio	April 7-12, 2015	Sheraton Gunter Hotel, San Antonio, TX
V	Kate Ediger	Roswell	Step Up to the Challenge	Artesia	April 22-26, 2015	Hotel Artesia, Artesia, NM
VI	Anna Lewis-McBeth	Oklahoma City	Energy Education About Planet Earth and Mother Nature	Red Earth	April 23-26, 2015	Embassy Suites, Norman, OK
VII	Deb Porath	Alberta Foothills	From Ordinary to Extraordinary	SE Saskatchewan	May 20-24, 2015	Delta Regina, Regina SK



Linda Rodgers speaking at the 2014 Region V Meeting in Amarillo, TX

Region Meetings (cont.)

TAKE A STEP BACK IN TIME TO.....

THE HAUNTING OF ROOM 636!

HAVE A TASTE OF THE HILL COUNTRY

ATTEND A REAL TEXAS BLACK & WHITE CELEBRATION!



Did you know San Antonio is one of the most haunted cities in America? A San Antonio hotel would not be complete without a ghost story attached to its history. Whether you believe in spirits or not, the story that taints the Gunter's past and many other places in San Antonio is sure to peak your interest.

San Antonio offers a rare opportunity to catch a glimpse of early Spanish colonial life in the Southwest. As the first civilian settlement in Texas, San Antonio de Béxar was founded in 1718 and today, many of these early architectural and cultural elements remain and you will see some of them on the field trips that are planned. This allows you to see into the city's storied past. You'll enjoy learning about San Antonio's historical significance.

Texas has had 7 flags flown over them throughout its storied and tortured past and most of the conflict throughout this time was happening right here in San Antonio. Native Americans, Colonial Spain, the Canary Islands, Old Mexico, Germans, the Wild West, and the Deep South cross paths in San Antonio.

The **San Antonio River Walk** is a verdant oasis of cypress-lined paved paths, arched stone bridges (50 to be exact) and lush landscapes. It gently winds through the city center, providing millions of visitors each year with easy access to the city's cultural hot spots, historic sites and other attractions.

The San Antonio was settled, primarily to extend Spain's dominion northward from Mexico, but also to convert and educate the native population. Today, the five missions (Alamo, Mission San José, Mission Concepción, Mission San Juan and Mission Espada) represent the largest concentration of Spanish colonial missions in North America, and they have been nominated for World Heritage Status.

The Alamo (Mission San Antonio de Valero) was founded in the 18th century, Franciscan priests from Spain established five Catholic missions along the River in 1718 as the first mission in San Antonio, serving as a way station between east Texas and Mexico. In 1836, decades after the mission had closed, the Alamo became an inspiration and a motivation for liberty during the Texas Revolution.

For 13 days in 1836, close to 200 Texas defenders held the Alamo from over one thousand of General Santa Anna's troops from Mexico. The most famous of the defenders, William Travis, Jim Bowie, and Davy Crockett, died fighting overwhelming odds for freedom.

What casts a romantic spell over you? Idyllic walks along the lush river bank, a special dinner for two on a moonlit terrace, a picnic and fine bottle of wine in a picturesque vineyard or an indulgent treatment for two at a luxurious spa? San Antonio, offers all of this and more to create the most memorable of visits to a magical city that will captivate your heart.

Added to all of this is education of our ever changing industry, that of Petroleum. This education is in the form of seminars, field trips and exchanging of ideas with new friends and long time acquaintances.

How can all of this happen in just 4 days you ask?????

REGION IV MEETING AND CERTIFICATION CLASS

You don't want to miss this opportunity to experience all of these things and more.....it will fill your sense and stimulate your mind.

Be sure to plan on attending..... April 8-11, 2015.....San Antonio, Texas.....Sheraton Gunter Hotel....Hosted by the San Antonio Desk and Derrick Club, in historic downtown San Antonio, Texas

Petroleum Tech Certification

You can get your certification in 3 years!

Individuals attending a certification program and passing the comprehensive examination shall be given a certificate of completion. A petroleum tech certificate of completion will be given to individuals who have attended and passed the comprehensive examination for the six subjects included in the curriculum at either conventions or regional meetings.

Beginning with the year 2015 subjects in the program curriculum will be offered in the following order at the annual ADDC convention:

- Geology
- Land and Leasing
- Drilling
- Completion and Production
- Marketing
- Accounting

Beginning with the year 2015 subjects in the program curriculum will be offered in the following order at the annual regional meetings.

- Drilling
- Completion and Production
- Marketing
- Accounting
- Geology
- Land and Leasing



Farmington member Jean Muse-Reynolds was presented her Desk and Derrick Certificate of Completion for Production Tech in the 2013 West Virginia Convention.

An instructor, knowledgeable on the subject to be covered, shall prepare and present each program. Here are some examples of great instructors some of the the Certification Committees have gathered:

Region I Certification Committee – Jennifer Smith

Thursday, May 14th at the Oglebay Resort & Conference Center in Wheeling, WV, the

Land and Leasing class will be taught by

Carrie Bogle, Land Representative and Kate Kenny, Sr. Lease Analyst, both of Shell Exploration and Production Company



Region V Certification Committee – Melissa Spencer

Thursday, April 23rd at the Hotel Artesia in southern New Mexico, the

Drilling class will be taught by a member of the Bay Area Club,

Ellen Montgomery of Crescent Directional Drilling, L.P.



Petroleum Tech Certification (cont.)

Region IV Certification Committee – Terry Ligon

Wednesday, April 8th at the Sheraton Gunter Hotel in San Antonio, TX, the **Drilling** class will be taught by

Steve L. Bruington, P.E. of Bruington Engineering, LLC:



BRUINGTON ENGINEERING, LLC

- Founder (1986) and President of Bruington Engineering, LLC, a San Antonio based, fully integrated petroleum engineering and consulting company.
- Co-founder (2007) and President of Bruington Operating LLC, a Railroad Commission approved oil and gas operator.
- Served as the United Nations (1991) Technical Representative to the Oil and Natural Gas Commission of India for the preparation of a feasibility study regarding the drilling and completion of horizontal wells in unconsolidated sandstone reservoirs.
- Engineered well designs for 4500 meter wells in Bolivia.
- Prepared tender offers and analyzed responses for drilling of wells in Tunisia.
- Planned the drilling of short radius Edwards Lime well.
- Supervised the planning and drilling of numerous wells ranging in depth from 500 feet to 17,500 feet including Experienced in the management of a multi-rig Eagle Ford drilling and completion operation.
- Selected to be a member of technical committee that developed a pilot program designed to develop oil and gas reserves from tight reservoirs in Oman.
- Supervised the successful drilling and completion of horizontal Pearsall Shale wells.

PROFESSIONAL ORGANIZATIONS

- Member of the Society of Petroleum Engineers, Balcones Section - served as scholarship chairman from 1997 – 2000.
- Member of the American Petroleum Institute
- Member of the American Association of Drilling Engineers - Advisor
- Texas Independent Producers and Royalty Owners Assoc One of fifteen finalists in the Top Engineers category for the 2013 Texas Top Producers Program for Texas Independent Producers and Royalty Owners Association (TIPRO)
- Field Trip Coordinator, Technical Advisor and Member of the San Antonio Desk and Derrick Clubs.
- Registered Professional Engineer in Texas
- San Antonio Petroleum Club – served as Vice-President (1999-2000) and President (2000-2001). Currently on the Board of Governors, House Committee and Chairman of Tenant/Landlord Relations Committee
- Finalist for North San Antonio Chamber of Commerce 2003 Small Business -Leader of the Year Award
- Member of Balcones Energy Library, Inc.
- Member of The Alternative Board (TAB)
- Member of the McQueeney Lions Club

Editor's Corner

If you have any announcements that require a quick response from your clubs or regions, please forward it to me at htrujillo@rlbayless.com and we will let the Association of Desk and Derrick Clubs know. We will complete the ADDC Insight by the 5th of each month. (or at least try!)

We encourage every member, every club and every region to contribute. All suggestions are welcome.



Thank you to all that have contributed articles, items and ideas for the ADDC Insight.

*~Helen Trujillo
Desk and Derrick Club of Farmington, NM*

Information, views or opinions expressed in the ADDC Insight newsletter originates from many different sources and contributors. Please note that content does not necessarily represent or reflect the views and opinions of the Association of Desk and Derrick or their clubs. Articles are merely to educate and inform.

Reminders

The background for the reminders section features a central illustration of an orange oil derrick and a dark blue desk with a chair. The derrick is positioned behind the desk. The text is overlaid on large, semi-transparent geometric shapes: a teal pentagon on the left and a green inverted triangle on the right.

March is Desk and Derrick Awareness Month

- Share your knowledge and passion for energy
- Use the advertisements available to you on our website.

**Membership
Renewal Forms**
are due to the ADO by the end of
February

Deadline for submitting changes to the
**ADDC Bylaws and Standing
Rules**
is February 6th

Updates from the Committee Chair...



Public Relations

ADDC CO-CHAIRPERSONS

Sharon Hiss
Great Bend
Diana Walker
Wichita Falls

REGION I REPS

Beverly Roberts
Penn York
Diana Witter
Buckeye

REGION II REP

Karen Thomas
Bay Area

REGION III REP

Bonnie Fish
Red River

REGION IV REP

Connie Bass
Wise County

REGION V REP

Diana Walker
Wichita Falls

REGION VI REP

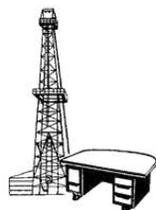
Marilyn Trout
Tulsa

ADDC BOARD CONTACT

Connie Harrison
San Antonio

Greater Knowledge

Greater Service



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Sharon Hiss
Diana Walker
Public Relations Committee

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Wichita Falls, TX 76307-2249

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shiss@greatbend.com
dwalker@sjoc.net

February 2015

Dear Members,

We would like to "thank" all the individuals who volunteered to serve on the committee this year.

We will all work together as a team; the committee will listen to our members and implement ideas and suggestions to make this organization successful. Improvements are what make any organization achieve their goals.

The guidelines and forms for the Public Relations Awards are located on the ADDC website. If anyone has questions pertaining to these awards please contact your Region Representative or one of the co-chairs, we will be more than happy to guide you and answer questions.

Attending trade shows and being visible to the public will be a priority of ours this year. We want everyone to understand Desk and Derrick and recognize us as an educational organization that is involved in all aspects of the energy industries. Maybe attending a Chamber of Commerce event, submit an article to your local Chamber of Commerce to be printed in their newsletter, or get involved with a community event.

We hope the members will share pictures of their public events with us, so we can share with the entire Association.

Sharon Hiss
Diana Walker
ADDC Public Relations Co-Chair

About Our Association

2015 ADDC Board of Directors

President	Lori Landry	llandry@beanresources.com
President Elect	Connie Harrison	connie.harrison@valero.com
Vice President	Maggi Franks	maggi@promosolver.com
Secretary	Mark Loch	mark.loch@me.com
Treasurer	Christina Forth-Matthews	christina@aoginternational.com
Immediate Past President	Linda Rodgers	lindar@pescoinc.biz
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Region II Director	Debra Perjak	d.perjak@yahoo.com
Region III Director	Val Blanchard	v.mullen.pfc@glacoxmail.com
Region IV Director	Cindy Miller	miller154@suddenlink.net
Region V Director	Kate Ediger	kate.ediger@gmail.com
Region VI Director	Anna Lewis-McBeth	amcbeth95@gmail.com
Region VII Director	Deborah Porath	dporath@undergroundpipe.ca

Our Motto, Purpose and Mission

MOTTO

Greater Knowledge ~ Greater Service

PURPOSE

The purpose of this club shall be to promote the education and professional development of individuals employed in or affiliated with the petroleum, energy and allied industries and to educate the general public about these industries.

MISSION STATEMENT

To enhance and foster a positive image to the global community by promoting the contributions of the petroleum, energy and allied industries through education, by using all resources available.

